

Caring Orientation Info Pack

迎新關愛資訊包 – For student leaders 領袖篇

Together, we create 讓我們共同建立

★ **YOUR
SAFE
SPACE**



**Where everyone feels respected and included
一個尊重與接納的安全空間**

#yOURsafespaceEdU

#CaringOrientation2026

Starting your university journey, stepping into orientation? 展開大學旅程，踏入迎新？

**This info pack share simple tips
to help you:**
此資訊包提供簡單貼士以助你：



Honour healthy boundaries
建立健康界線



Embrace diversity
擁抱多元



Look out for one another
彼此關顧

1. Inclusive Orientation: Providing Options

共融迎新：提供多元選項



Inclusive Orientation : Providing Options

To ensure all activities are inclusive, respectful, and pressure-free. Beware of power dynamics.

To offer participants with :

- Clear briefing
- Opt-in options
- Supportive guidance

共融迎新：提供多元選項

確保所有活動是共融、互相尊重及非強逼性的。留意權力差異。

為參加者提供：

- 清晰說明
- 不同程度的參與選項
- 願意支持及鼓勵的帶領

2. Inclusive Orientation: Planning 共融迎新：事前規劃

Inclusion starts with planning. Check participants' needs in advance: Dietary, language, accessibility, religion and more.

共融始於規劃。
事前了解參加者需要，
例如：飲食、語言、
無障礙、宗教等。



3.

Harassment: Know the Facts

騷擾：認清事實



"It's not harassment if it's a joke."

“只是開個玩笑，不算騷擾。”



MYTH

迷思

事實

FACT



If it's unwelcomed and makes someone offended, humiliated or intimidated, it matters.

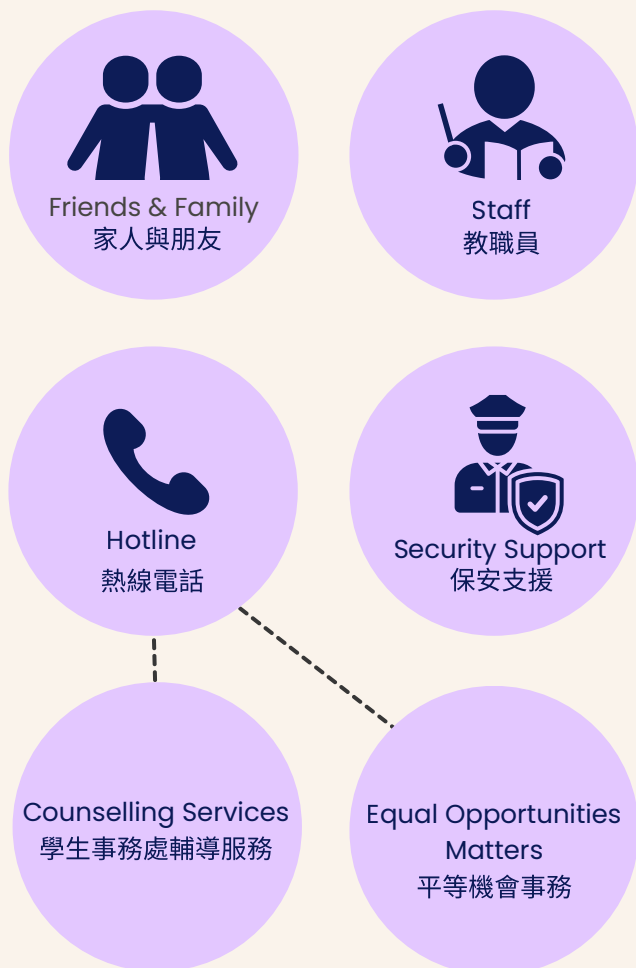
Harassment can be a single incident, may occur unintentionally, and between anyone.

若行為不受歡迎並令人感到冒犯、侮辱及威嚇，就是問題。

騷擾可以是一次性、無意中作出，並發生在任何人之間。

4. You Are Not Alone: Help-Seeking

你並不孤單：尋求協助



You Are Not Alone: Help-Seeking

If something feels off, please consider to talk to someone you trust or reach out to the University for support.

你並不孤單：尋求協助

如果事情讓你感到不對勁，請考慮與信任的人傾談，或向大學尋求支援。

Equal Opportunities and Disability Access Officer

平等機會及關注殘疾平等主任

Tel: 2948 6012



Counselling Services

學生事務處輔導服務

Tel: 2948 6245

Security Control Centre (24 hours)

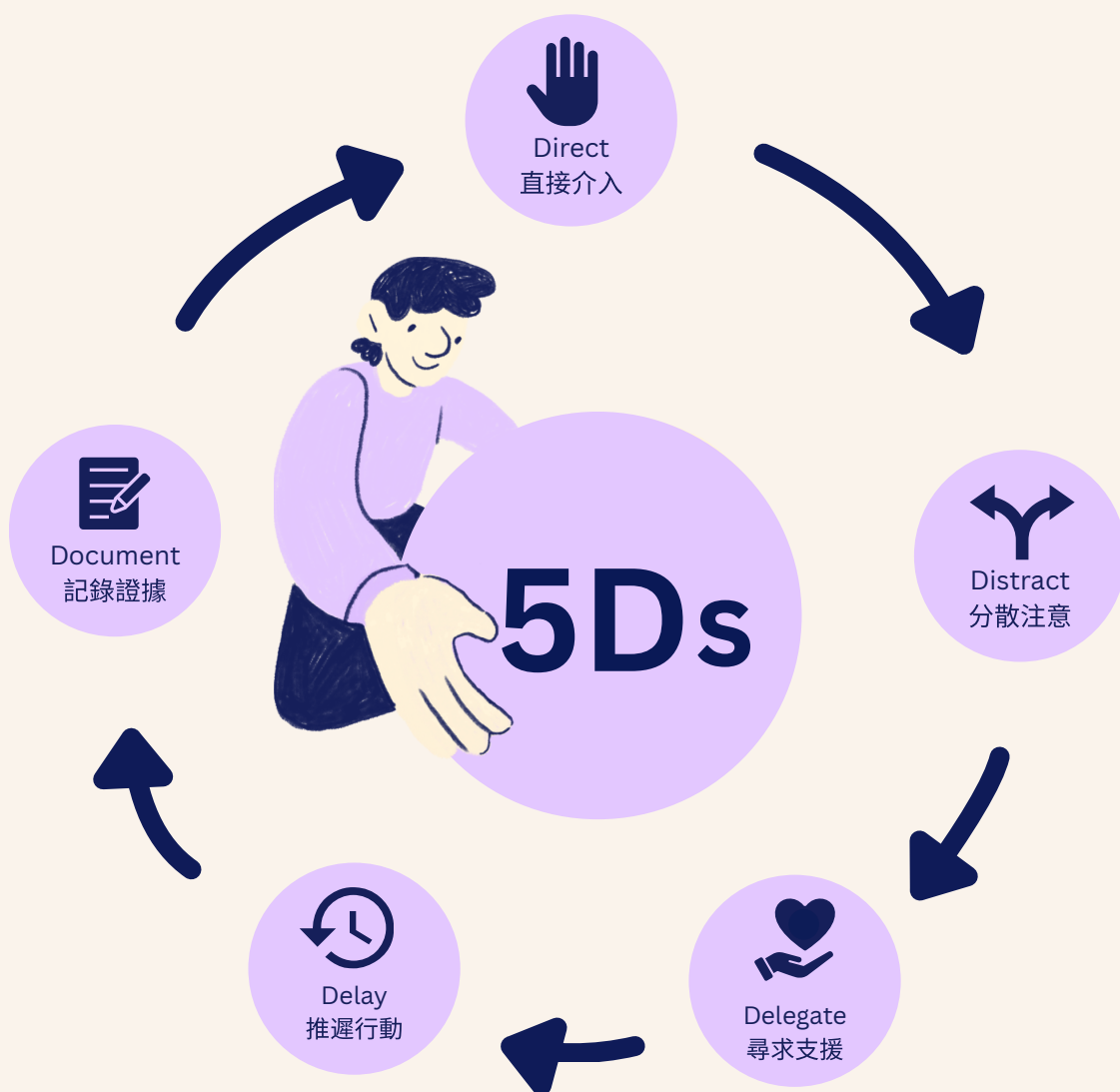
保安控制室 (24小時)

Tel: 2948 8000



5. “5Ds Active Bystander” Intervention Strategy

● 「5D積極旁觀者」介入策略



See something inappropriate?

You can help safely by being an Active Bystander. Try the 5Ds strategy:

目睹令你感到不恰當的情況？

你可成為積極旁觀者，嘗試以5D策略安全地提供協助：

**Direct (直接介入) . Distract (分散注意) . Delegate (尋求支援) .
Delay (推遲行動) . Document (記錄證據)**



6. Student leader's sharing on inclusive organising **學生領袖分享：如何創造共融社群**

“Everyone, regardless of experience, gender and language capacity, are welcomed to join the team...”

「不論經驗、性別或語言能力，我們歡迎每一個人加入團隊……」

Percy, @eduhk_robotics
Team Leader



Student leader's sharing on inclusive organising 學生領袖分享：如何創造共融社群

“...the only requirement is having passion and interests in robotics.”

「.....唯一的要求，是具備對機器人學的熱情與興趣。」

Percy, @eduhk_robotics
Team Leader