

香港教育大學

有關正式場合的衣著指引

1. 正式場合包括哪些情況？

包括以個人或本校代表身份出席的公開場合，如畢業禮、頒獎禮、開幕禮、面試、學術交流會、宴會、酒會、等。

2. 為何要考慮正式場合衣著問題？

因為這些正式的場合一般較為隆重 / 嚴肅，同學作為本校代表（及準老師），亦會自覺地尊重大會 / 主辦者，展示出專業的形象，使他人留下良好印象。

3. 正式場合衣著的建議

必須乎合大會 / 主辦者的要求，或依你的身份、活動內容的性質、舉行的地點、場合和時間而決定。基本上務求大方得體，簡約整潔。應以素色為主，避免奪目的顏色、花巧的設計（如螢光色、珠片、喱士等）及過於暴露。除淨色外，幼直條子、小圓點、小格子、暗花等也是非常好的選擇。

4. 一些正式場合衣著的例子

男生：顏色以深色為佳，如深灰、深啡、深藍，**但不一定是黑色**

- 上身：反領長袖恤衫 + 領帶 + 西裝外套（如需要）
- 下身：西褲配皮帶 + 皮鞋配深色襪子

女生：任何顏色也可以，**不一定是黑色**

- 上身：有領有袖上衣 + 外套（如需要）
- 連身裙 + 外套（如需要）
- 下身：及膝裙 / 長裙 / 西褲 + 密頭鞋配絲襪（如需要）
- 如需化妝，不要過濃，以清淡為佳

5. 注意事項

- 衣服要洗燙乾淨，勿穿縲了的衣物。
- 頭髮勿染誇張的顏色，劉海勿遮眼，要梳理整齊。
- 勿穿涼鞋、運動鞋、T 恤、牛仔褲、短褲、吊帶或太薄的衣物。
- 要用手袋 / 公事包，勿用背囊或大布袋之類。
- 可配戴飾物，惟須與衣物相襯。

THE EDUCATION UNIVERSITY OF HONG KONG

Guidelines on Dress Codes for Formal/Official Occasions

1. Types of Formal/Official Occasions

These include formal occasions which you attend no matter in your personal capacity or as a representative for an organization, e.g. Congregation, award presentation ceremony, opening ceremony, selection interview, conference, dinner or cocktail reception etc.

2. Reasons for Observing Occasion-appropriate Dress codes

As these occasions are formal/solemn, you as the representative of the EdUHK (or as future teachers) would be conscious of the need to select the most appropriate attire, through which you show your respect to the occasions and the organizers. By dressing properly for the occasion, you can also project a professional image and create a positive impression of yourself or the organization that you represent.

3. Suggested Dress Codes for Formal/Official Occasions

As a general rule, you should wear attire specified by the organizer, or select clothing which matches with your position, the nature of the activity as well as the venue and the time of the event. On the whole, simple and presentable designs in plain colours are preferred, while bright colours and flashy designs (such as fluorescent colours, beads, lace) as well as revealing clothing should be avoided. Apart from plain fabric, striped, small dots, small plaid, subtle floral patterns are also good choices.

4. Some Examples of Formal Attire

Male Students:

- Dark colours would be safe, such as dark gray, dark brown, navy, but not necessarily black
- Upper: Long-sleeved shirt + tie + jacket (if required)
- Bottom: Trousers with belt + shoes with dark socks

Female Students:

- Any colour, not necessarily black
- Upper: Wear top with collars and sleeves + jacket (if required)
- Dress + jacket (if required)
- Bottom: Skirt/dress/trousers + closed-toe pump with stockings (if required)
- Light make-up if needed

5. More tips:

- Ensure that your clothes are clean and pressed, and your shoes are polished.
- Avoid unnatural hair colours, clean shaven with hair neatly combed or styled.
- Do not wear sandals, athletic shoes, T-shirts, jeans, shorts, camisole or clothing that is too sheer/thin.
- Use handbag/brief case, avoid backpack or large bag etc.
- Choose accessories which match your outfit.