

## Research Seminar:

# How does early temperament relate to later development? A longitudinal study about children's temperament and social adjustment



### DATE

26 February 2026 (Thu)



### TIME

11:00 am to 12:00nn



### VENUE

B4-LP-03 @ EdUHK Tai Po  
Campus

SCAN ME



**Dr. Jie He**

Professor, Department of Psychology  
and Behavioral Sciences, Zhejiang  
University

## Biography

Dr. Jie He is a professor at the Department of Psychology and Behavioral Sciences at Zhejiang University. Her research interest is children's temperament and children's social and emotional development.

## Abstract

The social adjustment of children is significantly influenced by their early temperament. Drawing on the motivational systems theory (behavioral activation system and behavioral inhibition systems), we concentrate on two types of temperament: exuberance and inhibition. I will share findings from my team's ongoing longitudinal study on children's early temperament and later social adjustment. Specifically, I will address three fundamental questions: 1) Does temperament influence children's social development? 2) What cognitive mechanisms can explain the influence of early temperament on later social adjustment? 3) What interpersonal mechanisms can explain the influence of early temperament on later social adjustment?