



EdUHK PS Psychological Science Seminar Series

The Emotional Ties of Loneliness and Depression



Depression is a highly prevalent mental health condition and is characterized by altered neural and emotional processes. It has significant adverse effects on health and well-being. Loneliness, the negative feeling due to unmet social needs, has become a global epidemic and is a serious health concern. Especially loneliness could be a potent risk factor for depression and they often co-occur. Drawing evidence from behavioral and neuroimaging studies, this seminar will explore the neuropsychological link of loneliness and depression. Neural underpinnings of depression and how loneliness could be related to people's neuro-affective functioning will be investigated. The implications of loneliness for depressive symptoms will be discussed.



SCAN ME!

 17 Jun 2024 (Mon)

 11:00 am - 12:00 pm

 B3-LP-08, Tai Po Campus

 Enquiries: ps.notice@eduhk.hk; 2948 7490 Mr. Tang

 Registration: <https://forms.gle/543GdU6oXhMehGNE9>

Register Now



Dr. Wong Man Lok Nichol

Assistant Professor

Department of Psychology,

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Dr. Nichol Wong received his PhD in Psychology at The University of Hong Kong and his postdoctoral training at King's College London. He then returned to The University of Hong Kong before joining The Education University of Hong Kong as Assistant Professor. Dr. Wong is broadly interested in affective neuroscience and the biopsychosocial determinants of mental health. He aims to understand how we process emotions and regulate emotional experiences, and he explores the neuro-affective mechanisms in people with and without socio-affective issues. Dr. Wong mostly employs neuroimaging and behavioral studies in his research.



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