



# Master of Arts in Positive Psychology in Education Programme Orientation

Programme Leader: Dr MA Ka Yin Lawrence

Associate Programme Leader: Dr CHUNG Yiu Bun

Department of Psychology

The Education University of Hong Kong



## **Disclaimer**

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# Schedule of Orientation

Time	Activity
14:00 – 14:30	<b>Programme Introduction (30 mins)</b>
14:30 – 15:00	<b>Anti-Plagiarism Workshop (30 mins)</b>
15:00 – 15:20	Introduction of <b>LTTC Service</b> (20 mins)
15:20 – 15:40	<b>IT Services</b> Orientation (20 mins)
15:40 – 16:00	Introduction of <b>SAO Support Service</b> (20 mins)
16:00 – 16:30	Introduction of <b>Library Service</b> (30 mins)
16:30 – 17:00	<b>Alumni Sharing</b> (30 mins)

# Programme Management

## Head of Department

Dr CHAN Ka Shing Kevin

## Programme Leader

Dr MA Ka Yin Lawrence (lkyma@eduhk.hk)

## Associate Programme Leader

Dr CHUNG Yiu Bun (ybchung@eduhk.hk)

## Programme Assistant

Ms LAM Wing Yan Zita (mappe@eduhk.hk)

# Introduction

- The MA(PPE) programme aims to provide students with a **comprehensive knowledge of positive psychology**, enabling them to **integrate the science and application** of positive psychology in educational and community settings.
- The programme introduces the **theoretical foundations and practical applications of positive psychology in education**.
- Students first learn how to **be positive** themselves, then how to guide others to be positive, and finally how to **develop and sustain a positive environment and culture**.

# Programme Intended Learning Outcomes (PILOs)

- PILO1 **Demonstrate** a comprehensive **understanding** of professional knowledge in positive psychology and positive education;
- PILO2 **Utilise** major positive psychological theories/principles to **identify and analyse** factors influencing well-being through different perspectives;
- PILO3 **Integrate** major theories/principles of positive psychology to innovatively and sensibly **address real life issues and challenges** in educational and community settings;
- PILO4 **Evaluate** theoretical foundations and practical applications of positive psychology and positive education **using rigorous scientific principles and ethical standards**; and
- PILO5 **Design and implement** professional, effective, and ethical **positive psychology interventions and positive education programmes** in local, regional, and global contexts.

# Programme Length

	Normative study period	Maximum study period
Full-time mode	1 year (4 courses per semester)	2 years
Part-time mode	2 years (2 courses per semester)	4 years

- **Extension fee** will be charged to students who have to extend their studies **beyond the normal study period** (i.e. 1 year for full-time and 2 years for part-time). The extension fee is set at **10% of the total programme tuition fee** and has to be **paid by semester**.
- Students **MUST graduate within the programme's maximum study period**; includes leaves of absence and repeating failed courses

# Courses Structure & Schedule

- **5 core courses, plus 3 elective courses** (24 credits in total)
- Courses offered on **weekday evenings** (6:30pm-9:20pm) and/or on **Saturdays** (end before 6:30pm)
- **2 semesters** per year
  - Semester 1 (Sep-Dec)
  - Semester 2 (Jan-Jun)
- Mode of instruction is in **English**
- Recognition of prior learning (limited)
  - Students who have taken equivalent courses before (at the postgraduate level; with good marks) may apply for course transfer up to 50% of credits



# Programme Structure #

	Credit Points
<b>Core Courses</b> <ul style="list-style-type: none"> <li>■ Positive Psychology</li> <li>■ Positive Education</li> <li>■ Positive Psychology Interventions</li> <li>■ Engagement, Meaning, and Happiness in Learning and Teaching</li> <li>■ Research Methods in Positive Psychology</li> </ul>	15
Elective courses (choose 3 out of 4 courses) <ul style="list-style-type: none"> <li>■ Mindfulness in Education</li> <li>■ Parenting and Child Flourishing</li> <li>■ Mental Health Support for Young People</li> <li>■ Cultural Perspectives on Well-being</li> <li>■ Capstone Project</li> </ul>	9
<b>Total</b>	<b>24</b>

# Any aspect of the course and course offerings (including, without limitation, the content of the Course and the manner in which the Course is taught) may be subject to change at any time at the sole discretion of the University. Without limiting the right of the University to amend the course and its course offerings, it is envisaged that changes may be required due to factors such as staffing, enrolment levels, logistical arrangements and curriculum changes.

# Elective Course

- Offered in Semester 2
- Choose 3 out of 5 courses
- The elective courses include
  - Mindfulness in Education
  - Parenting and Child Flourishing
  - Mental Health Support for Young People
  - Cultural Perspectives on Well-being
  - Capstone Project

# Elective Course (Cont'd)

- The Cross-listed courses with MSocScP(SCS)
  - PSY6002 Human Development across the Lifespan
  - PSY6056 Stress and Coping

Pre-requisite :

- ✓ Completion of an undergraduate-level basic psychology course **OR**
- ✓ Demonstrate the relevant knowledge of the subject areas

**\*\* The applications will be vetted by the course coordinator(s) and/or other relevant parties on a case-by-case basis. Students are permitted to take a maximum of one elective course out of these cross-listed courses upon approval.**

# Elective Course

- **Capstone Project**
  - Provides opportunities for students to put students' understanding of theories and research methods of positive psychology and positive education into practice by completing an **individual inquiry-based project in a real-life context**
  - Lasts for about **7 months**, starting from **Nov 2023 to May/June 2024**
  - Prerequisites: Successful completion of **12 credit points** [including Positive Psychology (or equivalent), Positive Education (or equivalent), and Research Methods in Positive Psychology (or equivalent)].
  - Graded on the poster presentation, written proposal (1,500 words), & final report (4,000 words)
  - **Directed study mode** (individual supervision)

# Elective Course

- **Capstone Project (Cont'd)**
  - **Two tracks** for final report submission
  - For the **fast track**, i.e., submitting final report before **Mid May**, the grade would normally be released in **June**. The graduation status of the students who choose this track would normally be approved by the Academic Board **before August**
  - For the **regular track**, i.e., submitting final report by **Mid June**, the grade would normally be released in **July**. The graduation status of the students who choose this track would normally be approved by the Academic Board **after August**

# Elective Course Briefing

- Date: **22 September 2023 (Friday)**
- Time: **19:00 to 20:30**
- **Zoom** meeting link will be provided in mid-Sep
- ALL students are **strongly recommended to attend the briefing**

# Courses offered in 2023/24\*:

\*subject to change

Year	Month	Semester	Course	cps
2023	Sep - Dec	1	PSY6064 Positive Psychology	3
			PSY6089 Research Methods in Positive Psychology	3
			PSY6067 Positive Education	3
			PSY6071 Positive Psychology Interventions	3
2024	Jan - Jun	2	PSY6088 Mental Health Support for Young People	3
			PSY6068 Engagement, Meaning, and Happiness in Learning and Teaching	3
			PSY6069 Mindfulness in Education	3
			PSY6070 Parenting and Child Flourishing	3
			PSY6072 Capstone Project	3
			PSY6090 Cultural Perspectives on Well-being ( <b>New</b> )	3

= Elective courses

# Timetable (Sem 1, 2023/24)

*(4 Sep 2023 - 16 Dec 2023)*

	<b>Course</b>	<b>Day</b>	<b>Time</b>	<b>CRN</b>
1	PSY6064 Positive Psychology	Tuesday	1830 - 2120	91565
2	PSY6089 Research Methods in Positive Psychology	Monday	1830 - 2120	91566
3	PSY6067 Positive Education	Saturday	1430 - 1720	91567
4	PSY6071 Positive Psychology Interventions	Thursday	1830 - 2120	91568



# Psychological and Behavioral Sciences Laboratory

## 心理及行為科學實驗室 (D4-LP-04)



# Transportation

- Classes are held at the Tai Po campus
- Accessible by private EdUHK shuttle bus to/from University MTR station
  - Frequent shuttles run every 10-15 minutes, and take ~20 minutes to reach campus
  - Need Student ID to board
  - Updated information: <https://www.eduhk.hk/transportation/>

# Award Certificate

- Students taking **non-capstone project courses and capstone project (fast track)** will collect the award certificate in August
- The graduation date printed on the award certificate is **31 July**
- Please refer to the Registry website (<https://www.eduhk.hk/re/Graduates/Award-Certificates-1/For-Doctor-Of-Philosophy-Doctor-Of-Education-Master-Of-Philosophy-And-Taught-Master-Degrees-Programmes.html>) for details

Students graduating by the end of	Date/Period of Approval by Academic Board	Graduation Date	Certificates Collection Period
Semester 2	By 31 July	31 July	August

# Award Certificate

- Students taking **Capstone Project** will collect the award certificate in either July or October
- For **fast track**, the graduation date printed on the award certificate is **31 July**
- For **regular track**, the graduation date printed on the award certificate is **31 October**

Final Project Submission	Students graduating by the end of	Date/Period of Approval by Academic Board	Graduation Date	Certificates Collection Period
<b><u>Fast</u></b> track	Semester 2	By 31 July	31 July	August
<b><u>Regular</u></b> track	Semester 2	By 31 October	31 October	December

# (Some of the) Important Policies and regulations

# Academic Policies & Regulations

- **Course enrollment [Contact: Zita]**
  - **Course registration for Semester 1** will be performed by our Programme administrative staff and you will be notified once the course registration is completed.
  - **Add/drop period:** within first two weeks of classes
- **Credit transfer [Contact: Registry]**
  - Equivalent courses (Masters level) with B- or above
  - Limited to 50% of the total 24 credit points of the programme
  - Application fee: HK\$400 per application

# Academic Policies & Regulations

- **Deferment of studies [Contact: Registry]**
  - The period of deferment in each application is normally one semester
  - The deferment period is included in the maximum period of study
  - A non-refundable continuation fee (HK\$1,500) will be charged for each semester
  - Remarks: **Extension fee** will be charged to students who have to extend their studies beyond the normal study period.
  - Extension fee is set at 10% of the total programme tuition fee and has to be paid by semester.

# Academic Policies & Regulations

- Attendance and leave of absence [Contact Department: Course Lecturer/ Zita]
  - Students are required to attend a minimum of 70% of scheduled classes/lectures to pass a course.
  - In exceptional circumstances where students need to take a leave of absence for 30% of scheduled classes/lectures or more, students should inform their course lecturers and are required to obtain prior approval from the Programme Leader by submitting a leave application form.



# Academic Policies & Regulations

- Late submission of assignment [Contact Department: Course Lecturer / Zita]
  - Prior application and approval needed (with proof)
  - Grade deduction and other possible penalties
  - If within 7 days late, written assignments may be accepted with up to 1-letter grade deduction
  - Beyond 7 days late = failure (except for special reasons)
  - See handbook for full policy

# Academic Policies & Regulations

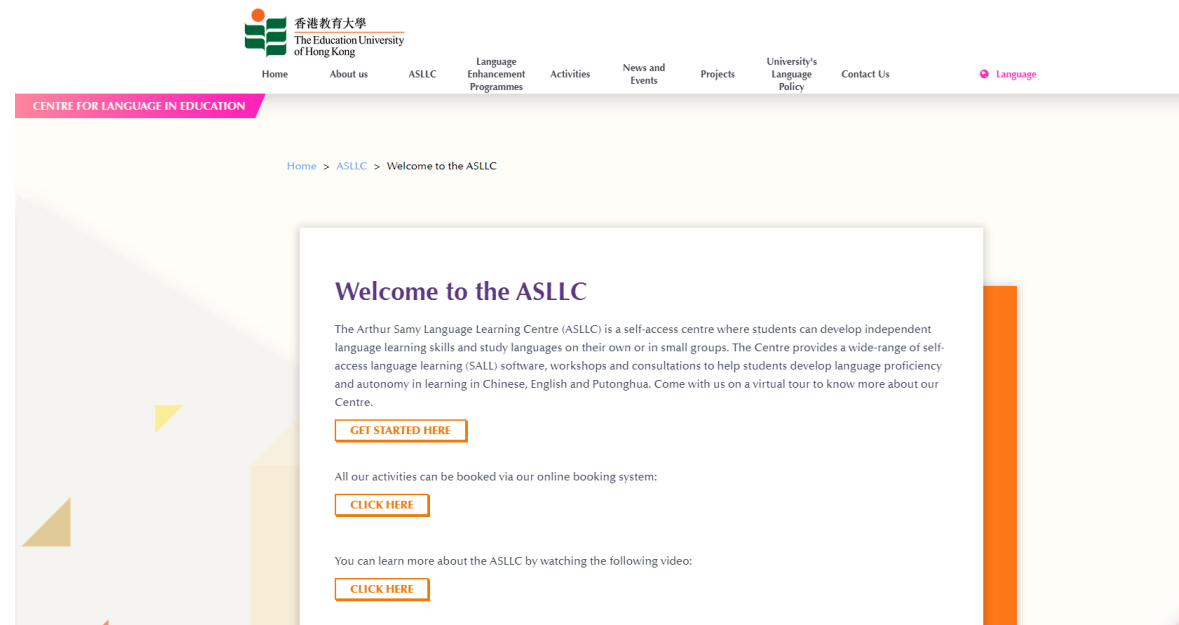
- Absence from assessment tasks (e.g., quizzes, exams) [Contact Department: Course Lecturer / Zita]
  - Prior application needed (with proof)
  - Approval from Head of Department or delegate needed
  - Grade deduction and other possible penalties
  - See handbook for full policy

# Plagiarism --- A Serious Academic Offense

- Taking someone else's ideas or words and, without properly crediting the source, making it appear that they are your own ideas/ words.
- May be due to dishonesty. May also be accidental or because of ignorance.
  - BOTH HAVE CONSEQUENCES, including discontinuation of study.
- Please note the regulations on Plagiarism (in handbook)
  - Anti-Plagiarism Workshop: Later today
  - Indiana University's Online anti-plagiarism self-learning exercise
    - Confirmation certificate: Submit by email to Zita before **Friday, 8 Sept 2023**
  - Assignment Submission Declaration Form

# Other Support to Students

- **The Arthur Samy Language Learning Centre (ASLLC)**
  - A self-access centre where students can develop independent language learning skills and study languages on their own or in small groups.
  - English reading and writing is key for success in our programme



# Other Support to Students

- **Library Skills Workshops**
  - You are cordially invited to join the Library Workshops to enhance the essential skills
  - Details can be found: <https://www.lib.eduhk.hk/teaching-learning-support/library-skills-workshops>
- Examples of Library Skills Workshops:
  - Avoiding Plagiarism and Citing Sources of Information
  - Discovering Journal Metrics
  - Finding Dissertations
  - Learning RefWorks – the Web-based Bibliographic Management Tool
  - Using Citation Databases to Explore Your Research Topic
  - Using Google Effectively for Academic Research

# Other Support to Students

- **Academic Advisory System**

- Provides guidance to students not only on academic matters but also on other areas for all-round development
- The Associate Programme Leader (Dr. YB Chung) will be the academic advisor for all students
- Please take initiative to contact the academic advisor when facing difficulties during your studies

- **Remote access to important software**

- SPSS is a key statistical software widely used in the psychology field
- Accessible on campus and at your home

# Reminder

- All the programme related information will be sending to **your EdUHK email account** once you have registered as our students. **Please check the EdUHK email account regularly or forward the EdUHK emails to your personal email account.**
- You are **REQUIRED** to upload your photo for production of **Student EdU Card**. Notification will be delivered to your registered email address once your EdU card is ready for collection. Please refer to [www.eduhk.hk/ocio/edu-card-photo-upload-system](http://www.eduhk.hk/ocio/edu-card-photo-upload-system) for details. Should you have any queries, please contact IT help desk at (852) 2948 6601.

# Programme Internal Webpage

(for MA(PPE) students only)

- The Programme Handbook, learning resources and useful forms will be available on the internal webpage
- [www.eduhk.hk/mappestudent](http://www.eduhk.hk/mappestudent)



# Conclusion

Be prepared to learn a lot... and work hard!

# Contact

- Visit our **department and programme website** to learn more about us  
[www.eduhk.hk/ps/](http://www.eduhk.hk/ps/)  
[www.eduhk.hk/mappe](http://www.eduhk.hk/mappe)
- Like us on **Facebook** to see occasional research and news updates  
Department: <https://www.facebook.com/pg/Dept.of.Psych.EdUHK/posts/>
- Contact:  
Tel: 2948 8165  
Fax: 2948 8454  
Email: [mappe@eduhk.hk](mailto:mappe@eduhk.hk)  
Office: D1- 2/F - 26, The Education University of Hong Kong,  
10 Lo Ping Road, Tai Po, New Territories

# Departmental Entrance Scholarships

- The best performing students will be awarded an amount of HK\$10,000 entrance scholarship by the Department of Psychology to recognize and reward the outstanding academic performance in the undergraduate study and with notable contribution in the field of positive psychology and positive education or the community
- The nomination procedure is in progress and the result will be released later.

# Nomination of Student Representatives

- To **collect** the students' feedback about our programme and **share** with us on the Staff-Student Consultative Meetings
- **Two consultative meetings** will be held to collect students' feedback every year
- If you would like to serve as the student representative, please **let us have your name and contact information by 1 September 2023 (Friday) via email ([mappe@eduhk.hk](mailto:mappe@eduhk.hk))!**

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