








The University Sports Federation of Hong Kong, China	
2007-2008	
	The USFHK 7-a-side Rugby Championship Women Champion
2006-2007	
	The USFHK Annual Athletics Meet Women's High Jump Champion (Wong King Hung); Women's 4x100M 2nd Runner-up (Lam Ching Man, Chem Kit Yee, Yip Yu Hung, Tang Uen Shan). Men's 400M 2nd Runner-up (Wong Ka Kit); Men's Triple Jump Champion (Man Ka Ho); Men's High Jump 2nd Runner-up (Man Ka Ho);
	The USFHK Annual Cross Country Race Women 2nd Runner-up.
	Philips Hong Kong Universities Football League The Best Player (Wu King Yue); The Best Striker (Tong Ka Yin).
	The USFHK Women's Football Competition Champion; MVP Law Lai Ha.
	The USFHK Handball Competition Women 3rd Runner-up; Men 3rd Runner-up.
	The USFHK Beach Handball Championship Men 1st Runner-up.
	The USFHK Taekwondo Competition Overall Women's 2nd Runner-up; Women's Color Belt Feather Weight Champion (Man Kwai Lin); Women's Color Belt Feather Weight 2nd Runner-up (Ko Yin Chi); Men's Color Belt Fly Weight 2nd Runner-up (Chan Tsz Ho).
2005-2006	
	The HKPSCAA Annual Athletics Meet Women Champion; Women's 100M 1st Runner-up (Tang Uen Shan); Women's 200M 1st Runner-up (Tang Uen Shan), 2nd Runner-up (Chong Shan Shan); Women's 400M Champion (Chong Shan Shan); Women's High Jump 1st Runner-up (Wong King Hung) ; Women's Short Put 2nd Runner-up (Hon Wing Chi); Women's 4x100M Relay Champion (Tang Uen Shan, Chong Shan Shan, Lo Wai Ling, Tse Wai Ching); Women's 4x400M Relay Champion (Tang Uen Shan, Chong Shan Shan, Tse Wai Ching, Cham Kit Yee)

	<p>The HKPSCAA Annual Cross Country Race Overall Champion; Men Champion; Women 2nd Runner-up; Men's Individual Champion (Leung Chiu Yin), 1st Runner-up (Tse Hok Man) and 2nd Runner-up (Fung Kin Kong); Women's Individual 2nd Runner-up (Lo Yuen Ting)</p>
	<p>Philips Hong Kong Universities Football League The Best Player (Tang Kwun Yin); The Best Striker (Chow Ka Wa); The Bestsportsman Team</p>
	<p>The HKPSCAA Women's Football Championship 2nd Runner-up</p>
	<p>The HKPSCAA Handball Championship Women 2nd Runner-up; Men 2nd Runner-up</p>
	<p>The HKPSCAA 7's Rugby Championship Men 1st Runner-up</p>
	<p>The HKPSCAA Taekwondo Championship Women's Black Belt Fin Weight 2nd Runner-up (Wong Man); Women's Color Belt Fly Weight 2nd Runner-up; Overall Women's Color Belt Group 3rd Runner-up; Men's Color Belt Welter Weight 2nd Runner-up (Man Ka Ping); Overall Men's Black Belt Group 3rd Runner-up;</p>
2004-2005	
	<p>The HKPSCAA Annual Athletics Meet Overall 3rd Runner-up; Women 2nd Runner-up; Men's 1500M 2nd Runner-up (Tse Hok Mang); Men's 5000M Champion (Tse Hok Mang) and 1st Runner-up (Leung Chiu Yin); Men's Long Jump Champion (Chan Ka Wah); Men's Triple Jump Champion (Man Ka Ho); Women's 200M 2nd Runner-up (Chong Shan Shan); Women's 400M Champion (Chong Shan Shan); Women's 800M 1st Runner-up (Cheung Pui Yiu) ; Women's Javelin 1st Runner-up (Wong Yuen Kwan); Women's 4x100M Relay1st Runner-up; Women's 4x400M Relay1st Runner-up.</p>
	<p>The HKPSCAA Annual Cross Country Race Overall Champion; Men 3rd Runner-up; Women Champion; Women's Individual 2nd Runner-up (Lo Yuen Ting).</p>
	<p>The HKPSCAA Volleyball Competition Men 3rd Runner-up.</p>
	<p>The HKPSCAA Women's Football Championship 2nd Runner-up.</p>
	<p>The HKPSCAA Handball Championship Women 1st Runner-up.</p>
	<p>The HKPSCAA Taekwondo Championship</p>

	<p>Men's and Women's Overall 3rd Runner-up; Overall Men's Color Belt Group 2nd Runner-up; Men's Color Belt Welter Weight Champion (Man Wang Kit); Men's Color Belt Light Weight Champion (Man Ka Ping); Men's Black Belt Bantam Weight 2nd Runner-up (Yap Chun Yu); Women's Black Belt Fin Weight 2nd Runner-up (Yau Hau Yin); Women's Color Belt Bantam Weight 2nd Runner-up (Ching Hiu Wai)</p>
2003-2004	
	<p>The HKPSCAA Annual Athletics Meet Overall Champion; Women's 1st Runner-up; Men's 3rd Runner-up; 4 X 400 Relay Record Broker (Mak Ming Sze, Chong Shan Shan, Choi Mei Lok, Cheung Pui Yiu); Shot Put Record Broker (Cheung Wai Yin).</p>
	<p>The HKPSCAA Annual Cross Country Race Overall Champion; Men's Champion; Women's Champion.</p>
	<p>Philips Hong Kong Universities Football League Men's Champion; MVP (Lai Chun Ho).</p>
 	<p>The HKPSCAA Volleyball Competition Women's 1st Runner-up; Men's 2nd Runner-up.</p>
	<p>The HKPSCAA Badminton Competition Women's 3rd Runner-up.</p>
	<p>The HKPSCAA Squash Competition Men's 3rd Runner-up.</p>



The HKPSCAA Tennis Competition

Women's 2nd Runner-up.



The HKPSCAA Table Tennis Competition

Men's 2nd Runner-up.



The HKPSCAA Women's Football Championship

Champion.



The HKPSCAA Handball Championship

Women's Champion;
Men's 3rd Runner-up.



The HKPSCAA Taekwondo Championship

Women's Black Belt Bantam 1st Runner-up (Lau Sze Lai);
Men's Black Belt Fly Weight 1st Runner-up (Lai Ka Tim);
Women's Color Belt Fly Weight 2nd Runner-up (Chan Wa Kuen);
Women's Color Belt Fin Weight 2nd Runner-up (Yeung Tsui Ying);
Men's Color Belt Fly Weight 2nd Runner-up (Cheung Cheuk Yin);
Men's Black Belt Group Overall 3rd Runner-up.

2002-2003



The HKPSCAA Annual Athletics Meet

Overall Championship;
Women's Championship;
Men's Championship.



The HKPSCAA Annual Cross Country Race

Overall Championship;
Men's Championship;
Women's Championship.



Philips Hong Kong Universities Football League

Men's 1st Runner-up.



The HKPSCAA Volleyball Competition

Women's Championship;
Men's 2nd Runner-up.



The HKPSCAA Squash Competition
Women's Group 2nd Runner-up.