



香港教育大學

The Education University
of Hong Kong

**Faster.
Higher.
Stronger.**

JS8726 (JUPAS) | NJ8726S (Non-JUPAS)

**Bachelor of Science (Honours) in
Sports Science and Coaching**

(Four-year Full-time)



FACULTY OF LIBERAL ARTS AND SOCIAL SCIENCES

博文及社會科學學院

Bachelor of Science (Honours) in Sports Science and Coaching

(Four-year Full-time)

Programme Aims

The programme aims to prepare competent sports science and coaching professionals. It equips students with essential knowledge and technology in sports science, coaching and performance with practical experience. The programme will also address the urgent community and market needs of improving personal performance and health by providing professional guidance and advice through active participation in physical activity, exercise, or sports.



Programme Features

This programme transforms students into professional coaches through the following iconic features:

- The internship training opportunities in overseas, renowned Greater Bay Area and Hong Kong sports organizations will provide a great chance for students to have a dialogue with sports leaders, build connections, enrich knowledge and skills, and lay a foundation for the future careers;
- Innovative integration of the subject knowledge of sports science, coaching, technology, and life education provides comprehensive training leading to a wide range of career paths; and
- Teaching cutting-edge knowledge by a professional team with leading roles in the sports and life education fields allows students to keep ahead of peers and seize opportunities, striving for success and excellence in the academic field(s) and workplace.

Programme Structure

Domain		For Year-1 Entrants	For Senior Year Entrants
		Credit Points	
Major	• Major Core	54	27
	• Major Interdisciplinary Course	3	3
	• Internship	3	3
Final Year Project (Honours Project / Capstone Project)		6	6
Electives / Minor		24	15
General Education		22	6
Language Enhancement		9	/
Total		121	60



Entrance Requirements

Year-1 Entry

For students with HKDSE qualifications:

Four core subjects and one elective subject with

- Level 3 or above in English Language and Chinese Language; and
- Level 2 or above in Mathematics (Compulsory Part), Liberal Studies, and one elective subject, preferably in Biology or Physical Education.

Priority consideration will be given to applicants who have taken Biology or Physical Education in HKDSE. Eligible applicants will be invited for the interview.

Senior Year Entry

Applicants should normally hold

- an Associate Degree in related disciplines from any recognised institutions; or
- a Higher Diploma in related disciplines from any recognised institutions.

Applicants who possess equivalent qualifications will be considered on a case-by-case basis. Eligible applicants will be invited for the interview.

We are Elite Athlete Friendly University. Elite Athletes are welcome to apply for the programme.

Career Prospects

Students are prepared for a wide range of careers in the sports industries, including the commercial sector (e.g. cardiac rehabilitation advisor, exercise rehabilitation advisor, injury prevention consultant, occupational health & safety consultant, personal trainer, sports coach, sports event planner, sports marketing consultant, sports media specialist, business coach, etc.) and public sector (e.g. exercise physiologist, outdoor campsite development officer, physical and exercise activity programmer, life coach, etc.). Graduates may choose to pursue a teaching career by completing an additional year of professional teacher training or undertake further studies locally (e.g. Master of Social Sciences in Sports Coaching and Management offered by the EdUHK) or overseas.

Admission Enquiries



(852) 2948 6886



admission@eduhk.hk



www.apply.eduhk.hk/ug

Programme Enquiries



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