#### THE EDUCATION UNIVERSITY OF HONG KONG

#### **Course Outline**

# Part I

**Programme Title**: Doctor of Education (EdD)

Programme QF Level: 7

Course Title : Research in Physical Education and Sports Science

Course Code : PES8265

**Department**: Health and Physical Education

Credit Points : 3
Contact Hours : 39
Pre-requisite(s) : Nil
Medium of Instruction : English

Course Level : 8

### Part II

The University's Graduate Attributes and seven Generic Intended Learning Outcomes (GILOs) represent the attributes of ideal EdUHK graduates and their expected qualities respectively. Learning outcomes work coherently at the University (GILOs), programme (Programme Intended Learning Outcomes) and course (Course Intended Learning Outcomes) levels to achieve the goal of nurturing students with important graduate attributes.

In gist, the Graduate Attributes for Undergraduate, Taught Postgraduate and Research Postgraduate students consist of the following three domains (i.e. in short "PEER & I"):

- Professional Excellence;
- Ethical Responsibility; &
- Innovation.

The descriptors under these three domains are different for the three groups of students in order to reflect the respective level of Graduate Attributes.

# The seven GILOs are:

- 1. Problem Solving Skills
- 2. Critical Thinking Skills
- 3. Creative Thinking Skills
- 4a. Oral Communication Skills
- 4b. Written Communication Skills
- 5. Social Interaction Skills
- 6. Ethical Decision Making

# 7. Global Perspectives

# 1. Course Synopsis

The primary aim of the course is to educate students to become leaders in respective fields of physical education and sports science with the emphasis of research-informed and thorough understanding, inquiry and practices at critical and advanced level. Following this philosophy, various types of advanced design and analysis methods used in sports science and physical education research will be introduced. These include both laboratory-based and field-based research paradigms, which underpin contemporary physical education and sports science. As the methods to be described are at advanced level, the course can be considered a direct extension of the course in physical education research in the MEd programme.

# 2. Course Intended Learning Outcomes (CILO<sub>s</sub>)

Upon completion of this course, students will be able to:

- CILO<sub>1</sub> demonstrate an in-depth knowledge of how research and thorough inquiry can lead curriculum development and innovative practices in physical education and sports science and how to facilitate a culture of research within respective fields.;
- CILO<sub>2</sub> critically appraise current global and local physical education and sports science research and assess the level of evidence as well as limitations commonly found;
- CILO<sub>3</sub> understand the logic and arguments as well as research ethics on how to choose the most appropriate design, including both laboratory-based and field-based designs, for physical education and sports science research;
- CILO<sub>4</sub> choose the most appropriate analytic methods for research in physical education and sports science;
- CILO<sub>5</sub> organize, interpret and report data from physical education and sports science research.

### 3. Content, CILOs and Teaching & Learning Activities

Course Content	CILOs	Suggested Teaching & Learning Activities
1. Introduction to sports science and	$CILO_1$	To be prescribed by individual lecturers.
physical education research; and how the		
research improves conceptual		
understanding and practices of respective		
fields. The mechanisms and techniques by		
which physical education and sports		
science concepts and practice can be led		
by research will also be discussed.		

2. Critical appraisal methods of research in physical education and sports science, especially those related to elements involving time, space, equipment, teacher/student or coach/athlete climate and teaching/coaching and learning behaviours etc.	CILO <sub>2,3</sub>	To be prescribed by individual lecturers.
3. Research designs useful for identifying issues, problems and research ethics in physical education and sports science.	CILO <sub>3</sub>	To be prescribed by individual lecturers.
4. Laboratory-based and field-based research methods commonly used in sports science and physical education.	CILO <sub>2</sub> , <sub>4</sub>	To be prescribed by individual lecturers.
5. Data analysis and report techniques useful for analysing sports science and physical education research data.	CILO <sub>5</sub>	To be prescribed by individual lecturers.
6. Common limitations found in sports science and physical education research.	CILO <sub>2,3</sub>	To be prescribed by individual lecturers.

# 4. Assessment

	Assessment Tasks	Weighting (%)	CILO
(a)	Literature review on a selected topic in sports science or physical education (1000 words)	25	CILO1, 2
(b)	Design, by writing a proposal, a research project in sports science or physical education through critical appraisal of research methodologies (1500 words)	60	CILO1, 2, 3, 4, 5
(c)	Oral presentation of the project in Item #(b) above	15	CILO1, 2, 3, 4, 5

# 5. Required Text(s)

Nil

# 6. Recommended Readings

Curriculum Development Council and Hong Kong Examinations and Assessment Authority (2015). *Physical education curriculum and assessment guide. (Secondary 4-6).* Hong Kong: Education Bureau HKSARG. https://www.edb.gov.hk/attachment/en/curriculum-development/kla/pe/curriculum-doc/PE%20C&A%20Guide e.pdf

- Education Bureau (2017). *Physical Education Key Learning Area Curriculum Guide (Primary 1 Secondary 6)*. The Curriculum Development Council. The Education Bureau HKSARG . https://www.edb.gov.hk/attachment/en/curriculum-development/kla/pe/curriculum-doc/PEKLACG\_e.pdf
- Fukuda, D.H. (2018). Assessment for sport and Athletic performance. Champaign Illinois: Human Kinetics.
- Physical Education Section, Curriculum Development Institute, Education Bureau, The Hong Kong Administrative Region. (2008). *Physical education learning outcomes framework*. Education Bureau HKSARG.
- Light, R., & Harvey, S. (2019) Positive Pedagogy for Sport. Taylor & Francis Group.
- Thomas, J.R. Martin, P. E., Etnier, J.L., & Silverman, S.J. (2022). *Research method in physical activity.* (8<sup>th</sup> ed.) Human Kinetics.
- Jones, I. (2022). Research Methods for Sports Studies. (4th ed.) Taylor & Francis Group.

### 7. Related Web Resources

http://www.pecentralstore.com/ http://www.pecentral.org/assessment/assessmentresearch.html

#### 8. Related Journals

To be prescribed by individual lecturers.

# 9. Academic Honesty

The University adopts a zero tolerance policy to plagiarism. For the University's policy on plagiarism, please refer to the *Policy on Academic Honesty, Responsibility and Integrity with Specific Reference to the Avoidance of Plagiarism by Students* (<a href="https://www.eduhk.hk/re/modules/downloads/visit.php?cid=9&lid=89">https://www.eduhk.hk/re/modules/downloads/visit.php?cid=9&lid=89</a>). Students should familiarize themselves with the Policy.

#### 10. Other

Nil

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Course Code : PES8265

Offering Unit : Department of Health and Physical Education

Credit Points : 3

# Delivery mode:

# $\Box$ Online learning as the primary delivery mode

Range of classroom-based contact hours (0-15)	Range of hours for online learning (24-39)	Total No. of-Contact Hours
		39

# **☑** Directed study mode

Range of classroom-based contact hours (4-15)	Range of guided independent learning hours (24-35)	Total No. of-Contact Hours
6	33	39

Last updated as of 8 March 2023