



# Optimizing Second Language Practice: Repetition is Important but How to Repeat is Important!

By Dr Yuchi Suzuki (Kanagawa University)

## Abstract:

When you learn any second language (L2), repeated practice plays a critical role in mastering an L2. In this talk, I first discuss how effective repeated L2 practice is defined along with sample practice activities. I then present theoretical frameworks of optimizing L2 repeated practice. Optimal practice is desirably challenging enough for L2 learners and transfer appropriate for real-life language tasks (Suzuki, Nakata, & DeKeyser, 2019). Several key empirical studies are also highlighted that elucidated the effects of spaced repetition and interleaved repetition for L2 acquisition of knowledge and skills. In conclusion, I present several directions for future research on optimizing L2 practice.

## Reference:

Suzuki, Y., Nakata, T., & DeKeyser, R. M. (2019). Optimizing second language practice in the classroom: Perspectives from cognitive psychology. *Modern Language Journal*. 103 [Special Issue], 551-561.

## About the speaker:

Yuichi Suzuki (PhD in Second Language Acquisition, University of Maryland) is an Associate Professor at Kanagawa University. His research interests include the interface of explicit and implicit knowledge and optimizing second language practice inside and outside of classrooms. He recently co-edited the special issue of *Modern Language Journal* (Suzuki, Nakata, & DeKeyser, 2019). His recent research has been published in international SLA journals such as *Studies in Second Language Acquisition*, *Language Learning*, *Bilingualism: Language and Cognition*, *Language Teaching Research*, and *Applied Psycholinguistics*. He recently received the Valdman's Award (the best article of *Studies in Second Language Acquisition* in 2017) and the first IRIS Replication Award of his research.



Date: 27 Sept 2019  
(Friday)

Time: 17:00 - 18:30

Venue: B4-LP-04

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