

Research Assistant I (Ref: 2600087)

Department of Psychology

Project Title: Nap right: A longitudinal day-to-day investigation of bidirectional sleep-mood associations in young adults with subclinical insomnia, depression, and anxiety using ecological momentary assessment and electroencephalography

[Appointment Period: 7 months]

The appointee will be involved in sleep research related to neuropsychology. He/she will assist the principal investigator to oversee the projects, including data collection using various techniques such as polysomnography, EEG, eye-tracking, and behavioral experiments, data processing, conducting literature review, preparation of project reports, administrative duties and any other duties as assigned by supervisors. The appointment will be for a period of 7 months, with the possibility of renewal subject to mutual agreement.

Applicants should have a Bachelor's degree in psychology, cognitive science, neuroscience, or a related discipline, preferably with relevant post-qualification full-time working experience. He/she should have high proficiency in both written and spoken English and Chinese (including Cantonese); self-motivation, and the ability to work independently and in a team. Preference will be given to those with sleep research experience.

For further enquiries about the post, please contact Professor Lau Esther Yuet Ying at laueyy@eduhk.hk.

Salary will be commensurate with qualifications and experience.

Initial appointment will be made on a fixed-term contract. Fringe benefits include contract-end gratuity, leave, medical and dental benefits.

The University only accepts and considers applications submitted online for this post. Applicants should complete the [online application form](#) and upload a full CV on or before **16 February 2026**. Applications which are incomplete or without the required documents may not be considered. Personal data provided by applicants will be used for recruitment and other employment-related purposes. For details of the Personal Information Collection Statement, please refer to <http://www.eduhk.hk/jobsopp/index.php?glang=en>.

All applications will be treated in strict confidence. Only those who are shortlisted will be contacted. The University reserves the right not to fill the position(s) advertised.

Further information about the University is available at <http://www.eduhk.hk>.

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