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Helene Ärlestig PhD (Ed.) works as an associate professor at the Centre for Principal Development, Umeå University, Sweden. Her research interest concerns organizational communication, pedagogical leadership, quality assurance and principal's role and work. She is involved in several international comparative studies about principals' leadership, for example the International Successful School Principal Project, ISSPP and International School Leadership Development Network, ISLDN. She is deputy director at the Centre for Principal Development at Umeå University. The Centre runs the National Principal Programme which is compulsory for all newly appointed principals in Sweden.