



**Centre for Child and Family Science (CCFS) produces two booklets to help students, parents and teachers cope with potential worry, stress or anxiety arising from the COVID-19 outbreak**

Designed by the project team of “3Es: Early Prevention, Early Identification, and Early Intervention”, <Anti-Coronavirus with You> (抗疫同行) is a child-centered booklet that aims to help young children identify different types of emotions, develop self-control, and cultivate a sense of gratitude through storytelling, pretend-play and parent-child activities. The key highlight is that this booklet is based partly on local research carried out by the 3Es team.

Another booklet, <Psychological Support for Children and Adolescents in the Outbreak> (疫境童行：兒童及青少年應對病毒心理支援手冊), was co-designed by CCFS and the Division of Educational Psychology of the Hong Kong Psychological Society. This adult-oriented piece attempts to educate parents and teachers on how to look after the mental well-being of children and adolescents. The S.A.F.E. framework, in short for Sense of Security, Allowances, Familiarity, and Emotion Regulation, summarises evidence-based strategies which will help students reduce fear and anxiety caused by the pandemic.

The booklets are available at [www.eduhk.hk/ccfs/view.php?secid=53422&u=u](http://www.eduhk.hk/ccfs/view.php?secid=53422&u=u)

**It's never too late to learn**

Today, retirement can be productive and “intellectually active”. This is reflected in the work of the Elder Academy at EdUHK, which offers a learning pathway for retirees and opportunities to train instructors to teach elders; proving there’s no age limit to education.

The Elder Academy is at the forefront in promoting the concept of active ageing through elder learning. It has unique features, as it not only addresses the requirements of elders but also provides training and professional development for tutors and coordinators who serve elder learners. Professor Maureen Tam, Head of the Elder Academy and Professor of the Department of International Education, says this direction is in line with the University of the Third Age (U3A) movement in other developed countries, such as France and the UK. The U3A model enables retired members of the community to continue learning and share experiences with others.

Since EdUHK launched the pioneering Professional Certificate Programme in Lifelong and Elderly Education in 2000, in partnership with The Evangelical Lutheran Church of Hong Kong, the Academy has attracted a growing number of aspiring teachers of elders. Each year, it produces 40 graduates who are professionally trained to teach elders a variety of subjects, including calligraphy, sand painting, photography, heritage docent training, laughter yoga, tai chi and many others.



**Dr Keith Ho named Highly Cited Researcher for 2019**



Dr Keith Ho Wing-kei, Associate Professor of the Department of Science and Environmental Studies, was awarded a place in the “Highly Cited Researchers 2019” list released by Clarivate Analytics. The list charts the world’s top researchers who have demonstrated significant and broad influence reflected in their publication of multiple papers, which have been highly cited by fellow academics over the last decade. The honour is given to researchers who published a high number of papers that rank in the top 1% by citations in their respective fields of study and year of publication. This is the second consecutive year in which Dr Ho has been named in the annual list.

\*iConnect is the University’s e-newsletter for staff and students. With courtesy of Communications Office