

Course Title	:	Taste of Life: The Meaning of Suffering and Hope 人生滋味: 受苦與盼望
Course Code	:	GEK1006
Department	:	International Education and Lifelong Learning

Synopsis

What is the meaning of 'suffering'? Should 'hope' be essential to human existence? What is the relation between Suffering and Hope? We seldom respond to these fundamental questions in contemporary achievement-oriented society. Yet, from the classic Chinese and Western philosophical traditions and literature as well as the narratives of life cases, these are the most crucial questions to be explored regarding our existence.

The course will include provocative and interactive lectures and experiential activities in order to cultivate students' empathetic understanding, positive ability and attitude in making decisions and coping with life challenges.

This course will be offered in CMI in order to facilitate reflection and discussion of personal existential experience.