

Course Title	:	Work, Leisure and Meaning of Life 工作、休閒與生活意義
Course Code	:	GEG1018
Department	:	Education Policy and Leadership

Synopsis

While tertiary students are preparing themselves for an adult work world, this course intends to initiate students into the theories of work and leisure from the philosophical, sociological, psychological and religious perspectives. It provides an opportunity for students to explore the problems related to the structure of work and free time such as distribution of work, overwork and unemployment in the post-industrial society. Students will be encouraged to critically reflect on their learning, work, leisure experiences and their personal meaning of life. They will be requested to deliberate and develop a philosophy of work and leisure which have implications on their learning, personal well-being and relationships with society.