

<b>Course Title</b>	:	<b>Exploring Philosophical Aspects of Life through Stories</b> 人生哲學
<b>Course Code</b>	:	<b>GEF1001</b>
<b>Department</b>	:	<b>International Education and Lifelong Learning</b>

### **Synopsis**

It has been argued that human existence itself is woven out of the stories we share among ourselves about our lives. It is the meaning of life that troubles us. This course initiate students into reflections and imaginations about life through stories. Seven philosophical stories will be shared, i.e., Allegory of the Cave, The Myth of Sisyphus, On Thinking for Yourself, The Story of a Waiter, On the Three Metamorphoses, A Happy Excursion and Swimology. Several life-related issues will be discussed in the course. Students will talk their life stories, learn to evaluate his/her values and to construct own philosophy of life with ethical responsibility.

人生如戲，古往今來，不少哲人透過故事去探討人生。本單元選取了七個和人生意義有關的故事，與同學分享及促進反思，相關哲學故事包括：柏拉圖的洞喻、卡繆的薛西弗斯的神話、叔本華的論思考、沙特的侍者、尼采的精神三變、莊子的逍遙遊和哈特的游泳學；學生將在單元之內會討論生活事件、說自己的生活故事、評價自己的價值及建構自己的人生哲學。